

DCA TRAINING EVENTS

October 2022 to January 2023

Weather and Cave Flooding Workshop Date - Saturday **October 15th**

Castleton, Derbyshire. An opportunity to spend the day with Dave Baines, the author of the book 'Flood hazard, a caver's worst nightmare'. This is a surface walk and underground trip ideal for those wishing to learn more about cave hazards, especially cave leaders, instructors and coaches. £30

SRT Masterclass Workshop (Intermediate) Date - Saturday **October 29th**

South Derbyshire. Personal SRT progression looking at re belays, deviations, aid traverse lines etc. These masterclass workshops are a rare opportunity to look at personal SRT and get top tips from Nigel Atkins who has trained and assessed many SRT instructors over the last 30 years. £30

Exploring Abandoned Mines Date - Saturday **November 19th**

Castleton, Derbyshire. Another opportunity to spend the day with Dave Baines, one of the former instructors to set up the mines awards for BCA and a current BCA CIC Mines Assessor. £30

Caver Leader Workshop Date - Saturday **November 19th**

The essential workshop for anyone leading or looking to lead caving trips in the future. This introduction to cave leadership will look at the syllabus areas of the BCA award scheme and is run by a current BCA Local Cave/ Mine Leader Award Scheme Trainer/Assessor. £30

SRT Rigging Workshop and Self Rescue Date - Saturday **December 3rd**

The perfect workshop for those who are proficient using SRT and wish to improve their SRT rigging skills, pick up tips from a qualified BCA instructor and assessor for the CIC scheme. If you are new to pitch rigging or you just want to brush up, this practical day is ideal for you.

Can you help your colleagues out if they have a problem on rope? This workshop is also an excellent opportunity for those who wish to improve their SRT self-rescue skills. Those attending will be expected to demonstrate full SRT to a high standard. £30

Introduction to SRT (Single Rope Techniques) **Workshop** Date - Saturday **December 10th**

If you have never done any SRT before, this workshop is the perfect introduction for you. If you want to get the best information on techniques and equipment then this day is essential to pick up modern techniques before you buy your ideal SRT set up or send out your Xmas pressie list!

All SRT equipment is provided. £30

Intermediate SRT (Single Rope Techniques) **Workshop** - Sunday **December 11th**

If you are fairly new to SRT, looking for kit options or you just want to brush up, this workshop is perfect for you. If you want to get the best information on techniques and equipment then this day is essential to pick up top tips before you buy any more SRT equipment.

All SRT equipment is provided. £30

Surface Navigation Workshop . Thursday **December 29th**

This workshop is designed to introduce and improve navigation techniques useful to any outdoor enthusiast, especially cavers venturing to those more remote caves. We will look at map interpretation, compass work and micro navigation. This day walk is perfect for anyone wishing to navigate themselves in remote areas. £30

First Aid and Emergency Skills for Cavers Workshop - Saturday **January 7th 2023**

This is an excellent introduction to first aid for cavers and an insight into the Derbyshire Cave Rescue Organisation. There will be plenty of opportunity to pick up tips and ask questions from the training team.

This workshop is being run by Fabian Ehlers from the DCRO. £30

SRT Masterclass Workshop (Intermediate) Date - Saturday **January 14th 2023**

If you missed the October masterclass, here is another opportunity to spend a practical day with Nigel Atkins who has trained and assessed many SRT instructors over the last 30 years. £30

Ropework for Cavers Workshop - Sunday January 15th 2023

A full day dedicated to ropework with a Jedi Knight trainer in all things ropes and Knots! A very practical day looking at all knots used in caving. We will also look at basic rope rescue work, rigging for lifelines to full hauling systems. £30

Cave Instructor and Coaching Workshop Date - Saturday January 21st

The essential workshop for anyone teaching caving techniques in their club. This introduction to Instructing and Coaching will look at all 3 modules of the DCA coaching guidelines which are also directly in line with the BCA CIC scheme. This day is open to elected experienced cavers proposed by their club or new coaches. £30.

Cave Photography Workshop Date - To be confirmed

We are looking to set another of these up later this year. As there are limited places on this specialist event, it will be set up when we have enough interest so please get in touch and let's get a date sorted that is suitable for everyone.

Underground Navigation Workshop Date - To be confirmed

This workshop is designed to introduce and improve your underground navigation. We will look at survey interpretation, survey symbols etc. This workshop is for anyone wishing to safely navigate themselves in UK caves. We are looking to set another of these up later this year. As there are limited places on this specialist event, it will be set up when we have enough interest so please get in touch and let's get a date sorted that is suitable for everyone.

Please **email** me for further details on any of the above workshops.

Good caving

Nige Atkins

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